



SIR CLIVE WOODWARD

Ex-Coach of England
Rugby and
Team GB Executive
Business Coach &
Speaker

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About this course

We often think of leadership as the management of other people but it is also management of self. You can learn how to coach yourself to perform better with Rugby World Cup Winning Coach, Sir Clive Woodward, in this exclusive interactive course.

Master team and self leadership by taking a deep dive into the key characteristics of famously high performing teams and individuals. The course will take you through how to maximize and develop your talent, adopt a teachable growth mindset, deal with pressure and align yourself with your team.

+ Course information

3 weeks | Tues, Thurs
8am PT • 11am ET • 4pm UK | 6 x 1-hour live classes

What impact this course will have

- Understand why talent alone is not enough.
- Use the 'Sponge vs Rock' analogy to become a relentless learner.
- Know how to create a winning mindset.
- Gain the tools to create a winning culture.
- Know how to think correctly under pressure and tackle change.



Class 1 Talent Alone is not Enough

- Why 'Talent alone is not enough'
- The difference between Innate Talent and Deliberate Practice
- How to create the conditions to maximize your talent

Class 2 Sponge or Rock

- The difference between a Sponge and a Rock
- How data and technology can help you to measure and improve your performance
- Practice 3D Learning

Class 3 Thinking Correctly Under Pressure

- Pressure and the T-CUP Theory
- Why Champions perform at their best when the Pressure is at its greatest
- How to deal with Pressure Triggers

Class 4 A Winning Mindset

- Attitude, Obsession and Improvement
- Success from Setbacks
- Innovate through Inclusion

Class 5 Creating a Winning Culture

- The importance of the Leader in team performance
- Collaborate through Teamship
- Work successfully with internal and external partners

Class 6 Tackling Change

- Challenging Orthodoxies
- Change Thinking
- Critical Non Essentials

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DNA OF A CHAMPION

SIR CLIVE WOODWARD

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BIO

Coach and renowned leader, Sir Clive Woodward, is synonymous with two of England's most historic sporting achievements— England's 2003 Rugby World Cup victory and Team GB's London 2012 Olympic Games. Clive's tenure as Head Coach saw England move from 6th in the world to the number one ranked team, achieving World Cup glory in 2003.

In 2006 Clive joined the British Olympic Association. As Team GB's Director of Sport he worked with the national coaches and athletes at the Beijing & Vancouver Olympics as well as delivering Team GB's most successful Olympic Games in the modern era at London 2012. Clive is currently the Founder and Chairman of Hive Learning – an app that has digitized Clive's coaching methods and is designed to help people learn better together in business and sport.